

JATINDER S. SEKHON, M.D.

SUSAN H. BARON, M.D.

10110 Molecular drive, #109, Rockville, MD 20850

(301) 417-9528

PATIENT NAME: _____

We perform procedures at the following locations:

Advanced Surgery Center, LLC
10110 Molecular drive
Suite 100
Rockville, MD 20850
(301) 838-0437

Shady Grove Adventist Hospital
Out-Patient Surgery Center
9901 Medical Center Drive
Rockville, MD 20850
240-826-6000

Please **ARRIVE** at: _____ on _____
Time Date

PREPARATION INSTRUCTIONS FOR LIVER BIOPSY

This procedure allows us to obtain a piece of tissue from your liver for examination with the actual biopsy lasting only a few seconds.

- STOP COUMADIN/WARFARIN or PERSANTINE (Dipyridamole) THREE (3) DAYS PRIOR TO YOUR PROCEDURE**
- DO NOT TAKE ASPIRIN SEVEN (7) DAYS BEFORE THE PROCEDURE OR ANY NSAIDS (Advil, Motrin, Ibuprofen, Aleve, etc)**
- STOP PLAVIX FOUR (4) DAYS PRIOR TO YOUR PROCEDURE**

1. YOU MUST MAKE ARRANGEMENTS FOR SOMEONE YOU KNOW TO DRIVE YOU HOME. You will be discharged early that evening, usually by 6:00 p.m. **NO CAB!!**

2. DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR EXAMINATION. If you are scheduled for a late morning or afternoon appointment you may have clear liquids only up until 9 a.m. the day of your procedure.

Clear liquids include:

Coffee or tea without milk or creamer, water-either carbonated or regular, Gatorade, ginger ale, apple juice, 7-Up; Jell-O(not dark-colored), bouillon or broth. Sugar and/or artificial sweeteners are allowed.

3. You should take all your usual medications (including your diabetic medication) with a glass of water the night before the examination, unless otherwise instructed by your physician.

4. On the day of your procedure, please do not wear perfume, cologne, or scented powders.

5. You will be required to remain on your right side for approximately four (4) hours and then you will be free to get up. You may bring headphones or personal stereo for your listening enjoyment. You may also bring a book to read.

PLEASE NOTE: IF YOU NEED TO CHANGE OR CANCEL YOUR PROCEDURE, PLEASE CONTACT US AT LEAST 48 HOURS PRIOR TO YOUR SCHEDULED APPOINTMENT OR YOU MAY BE SUBJECT TO A \$100 CANCELLATION FEE.