

JATINDER S. SEKHON, M.D.

SUSAN H. BARTON, M.D.

10110 Molecular drive, #109, Rockville, MD 20850
(301) 417-9528

PATIENT NAME: _____

We perform procedures at the following locations:

Advanced Surgery Center, LLC
10110 Molecular Drive
Suite 100
Rockville, MD 20850
(301) 838-0437

Shady Grove Adventist Hospital
Out-Patient Surgery Center
9901 Medical Center Drive
Rockville, MD 20850
240-826-6000

Please **ARRIVE** at: _____ on _____
Time Date

PREPARATION INSTRUCTIONS FOR UPPER ENDOSCOPY

- STOP COUMADIN/WARFARIN THREE (3) DAYS PRIOR TO YOUR PROCEDURE**
- STOP PLAVIX FOUR (4) DAYS PRIOR TO YOUR PROCEDURE**
- DO NOT TAKE ASPIRIN SEVEN (7) DAYS BEFORE THE PROCEDURE OR ANY NSAIDS (Advil, Motrin, Ibuprofen, Aleve, etc)**
- **YOU CAN TAKE BLOOD PRESSURE MEDICINE 3 HOURS PRIOR TO YOUR PROCEDURE WITH A SIP OF WATER.**

1. YOU MUST MAKE ARRANGEMENTS FOR SOMEONE YOU KNOW TO DRIVE YOU HOME. You may not drive for the rest of the day once the procedure is completed. The sedation, which makes the procedure comfortable, will take time to wear off. **NO CAB!!**

2. DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR EXAMINATION. If you are scheduled for a late morning or afternoon appointment you may have clear liquids only up until 4 hours before your procedure.

Clear liquids include:

Coffee or tea without milk or creamer, water-either carbonated or regular, Gatorade, ginger ale, apple juice, 7-Up; Jell-O(not dark-colored),bouillon or broth. Sugar and/or artificial sweeteners are allowed.

3. You should take all your usual medications (including your diabetic medication) with a glass of water the night before the examination, unless otherwise instructed by your physician.

PLEASE NOTE: IF YOU NEED TO CHANGE OR CANCEL YOUR PROCEDURE, PLEASE CONTACT US AT LEAST 48 HOURS PRIOR TO YOUR SCHEDULED APPOINTMENT OR YOU MAY BE SUBJECT TO A \$100 CANCELLATION FEE.